Date and Time	Settings Any important factors from earlier in the day / day before / something that has generally changed recently	Triggers The signals that are present within settings which 'set off' specific actions in a given situation.	Actions Observable behaviours	Results The events that follow the action
Example: 03/03/10 3.30pm	Example: In living room at home. Mr X. and Ms. Y. present, sitting on the sofa with the TV on very loud. Staff A. also in the room helping Ms. Z. tidy up the spilt tea on the coffee table	Example: Mr. X. turned up the television louder meaning Staff A. had to raise their voice to prompt Ms. Z. to carry on wiping up the spill.	 □ Screaming □ Crying □ Rubbing face □ Humming □ Flushing toilet □ Banging door □ Other: 	Example: Staff A. reassured Ms. Z that "everything is ok", "calm down". Staff A. accompanied Ms. Z to her bedroom where it was quiet. Ms. Z was left to sit in her room. She emerged 10 minutes later. She appeared calmer but still slightly teary.